

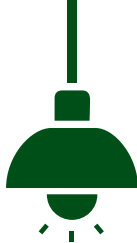


**AIRING  
AND HEATING  
HOMES  
BETTER**

**Helpful tips  
for your home**



# HOW MOULD FORMS



## MISTAKES

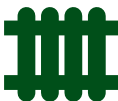
### that can cause mould to form

- Airing too little
- Turning the heating down when leaving the apartment
- Not heating or letting rooms get cold
- Covering the thermostat with furniture or curtains

## RISKS

### when heating and airing incorrectly

- The indoor climate deteriorates
- You endanger your own health (allergies)
- You risk damaging furniture and the building



## TIPS

### on preventing mould

- Air for short bursts daily
- If possible, keep room temperature consistent
- In rooms, air needs to circulate, which is why furniture should be about 5 cm away from walls and radiators
- Turn the thermostat down while airing the apartment

# HOW TO FIND THE RIGHT TEMPERATURE

## THERMOSTAT

We all know that the more you turn up the thermostat, the warmer a room gets. But very few people realise what the figures on the thermostat actually mean. These figures indicate pretty accurate room temperatures.



## TIPS

Take a critical look at which rooms don't require as much heat. Because one degree less saves about six percent of energy and therefore money too. However, to prevent mould from forming, the temperature shouldn't be less than 16°.

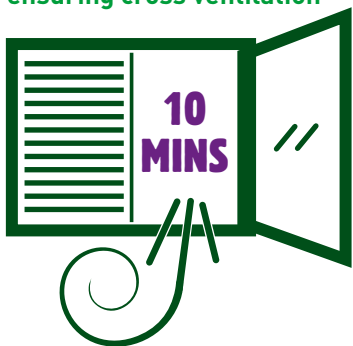
A hygrometer helps to monitor moisture in the air and temperature.

# HOW TO AIR HOMES PROPERLY

Air 3 x daily for **2 minutes**, ensuring cross ventilation



Air 3 x a day for **10 minutes WITHOUT** ensuring cross ventilation

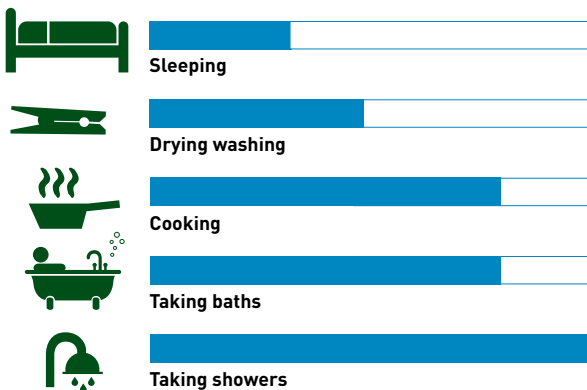


Don't air the apartment by leaving the windows tilted open. This will only cool down your home and you'll waste energy. Your heating costs will rise and you'll also encourage mould to form.

## PLEASE NOTE

As it's often humid in summer, we recommend opening the windows when it's coolest. To ensure the higher humidity in the hot outdoor air stays out, you should only air your apartment late in the evenings, at night or in the early morning.

# WHAT CAUSES MOISTURE IN HOMES



Depending on the temperature and weather conditions, ideal relative humidity is between 30 and 60%.

Room	Ideal humidity	Ideal temperature
Office, living room and study	40–50%	20°C
Bedroom	50–60%	16–18°C
Child's bedroom	30–40%	20–22°C
Kitchen	50–60%	18°C
Bathroom	50–60%	23°C
Cellar	50–65%	10–15°C

## Moisture produced per day

APPROX.  
**12**  
LITRES\*



\* based on a family of four



To help members feel comfortable and healthy in their apartments, we've come up with some useful tips to help prevent mould from forming and save energy.

As a result, you'll be able to stay healthy and enjoy living in your apartment.



Version of: July 2021

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WOHNUNGSBAUGENOSSENSCHAFT

*... gewohnt besser!*

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